

Week 16 RB Rankings 1/2 PPR

| Rk | Player | MATCHUP | Run Rank | Boom | Bust | Team T | Spread | Notes |
|----|---------------------|---------|-----------|------|------|--------|--------|---|
| 1 | Christian McCaffrey | @ IND | MID | HIGH | LOW | 19.75 | 6.5 | I am fearful of this new QB starting but he may naturally feed CMC |
| 2 | Ezekiel Elliot | @ PHI | MID - PF | HIGH | LOW | 24.5 | -2.5 | Zeke had 147 All purpose yards and 6 receptions in the last game against the Eagles. |
| 3 | Saquon Barkley | @ WAS | LOW | HIGH | LOW | 19.75 | 2.5 | Has ramped up and can't ignore his usage although the Redskins defense isn't horrible. |
| 4 | Joe Mixon | @ MIA | LOW | HIGH | LOW | 23.25 | 1 | With carries of 18 or more and at least 3 targets the last three games Mixon is solid here. |
| 5 | Chris Carson | ARI | MID - PF | HIGH | MID | 30.5 | -10 | Without Ramsey this games spread could be a trap that is why I am lowing Carson slightly. |
| 6 | Alvin Kamara | @ TEN | HIGH - PF | MID | MID | 26.75 | -3 | On a Brees team you can never put it past anyone not to score. +TD regression candidate. |
| 7 | Miles Sanders | DAL | MID | HIGH | MID | 22 | 2.5 | Miles has had targets of 4 or more the last 5 games. |
| 8 | Mark Ingram | @ CLE | LOW - RF | HIGH | MID | 29 | -10 | The carries are always limited but the Ravens could put the Browns to bed early. |
| 9 | Marlon Mack | CAR | LOW - RF | HIGH | MID | 26.25 | -6.5 | I am going to give Mack the benefit of the doubt here against a porous run defense. |
| 10 | Leonard Fournette | @ ATL | MID - PF | MID | MID | 19.5 | 7.5 | Even with a bias against Fournette this could be a spot the Jags will show up. |
| 11 | Derrick Henry | NO | HIGH | MID | MID | 23.75 | 3 | The issue here is lack of passing production which lowers his ceiling. |
| 12 | Nick Chubb | BAL | MID - RF | MID | MID | 19 | 10 | If the Browns phone it in and feed Chubb he could have a descent day but still not expecting much. |
| 13 | Melvin Gordon | OAK | LOW | MID | MID | 25.75 | -6 | This is a spot either of these two backs could potentially do well in. |
| 14 | Austin Ekeler | OAK | LOW | MID | MID | 25.75 | -6 | Ditto |
| 15 | Aaron Jones | @ MIN | HIGH | MID | MID | 20.5 | 4 | Had a strong game against the Vikings at home earlier this season. |
| 16 | Mike Boone | GB | LOW - RF | HIGH | MID | 24.5 | -4 | Increased roles suspecting both Cook and Matteson being out. |
| 17 | Devonta Freeman | JAC | LOW | MID | MID | 27 | -7.5 | This is a nice spot for Freeman against one of the leagues lowest rushing defenses. |
| 18 | Kenyan Drake | @ SEA | MID - RF | MID | MID | 20.5 | 10 | Arizona has been talking up Drake to the point where his usage may continue. |
| 19 | DeAndre Washington | @ LAC | LOW | MID | MID | 19.75 | 6 | In a spot without Jacobs Washington could be good for at least 4 targets or more. |
| 21 | James Conner | @ NYJ | HIGH - PF | MID | MID | 20.25 | -3 | Conner received 4 targets and expects to be somewhat leaned on even against a the Jets bad pass defense. |
| 20 | Todd Gurley | @ SF | MID | LOW | MID | 19.75 | 6.5 | His exceptional past few games were with touchdowns that seem will regress against the Niners. |
| 22 | Raheem Mostert | LAR | HIGH | LOW | HIGH | 26.25 | -6.5 | Raheem's floor is limited especially if he doesn't get a rushing TD. |
| 23 | Tarik Cohen | KC | LOW - RF | MID | MID | 20 | 5 | Could get increased usage if the Bears find themselves behind. Which is likely |
| 24 | Kareem Hunt | BAL | MID - RF | MID | MID | 19 | 10 | Hunt has been a motivated player regardless of his teams turmoil. |
| 25 | James White | BUF | MID - RF | MID | MID | 22 | -6.5 | James White has had increased usage and Brady's safety valve as in the past. |
| 26 | Devin Singletary | @ NE | HIGH | MID | HIGH | 15.5 | 6.5 | Singletary might not be horrible here but his ceiling is lowered here. |
| 27 | Boston Scott | DAL | MID | LOW | MID | 22 | 2.5 | Is getting enough targets to weren't legit PPR usage unless Howard plays. |
| 28 | Le'veon Bell | PIT | HIGH | MID | HIGH | 17.25 | 3 | A revenge game that could possibly booster Bell's stats. But the Steelers might want revenge against him. |
| 29 | Phillip Lindsay | DET | MID - PF | LOW | HIGH | 22.5 | -6.5 | Not sure where to place Lindsay but I would be afraid to start him. |
| 30 | Adrian Peterson | NYG | HIGH - PF | LOW | MID | 22.25 | -2.5 | Peterson spot could be middling and may do enough to be somewhat comfortable with. |
| 31 | Ronald Jones II | HOU | HIGH - PF | LOW | MID | 23 | 3 | Arians discussed using his backs more for targets in this upcoming game. |
| 32 | David Montgomery | KC | LOW - RF | LOW | HIGH | 20 | 5 | Expected to lean more on Trubisky's legs, and Cohens routes over rushing. |
| 33 | Carlos Hyde | @ TB | HIGH - PF | LOW | HIGH | 26 | -3 | Has a chance to fall in the endzone. |
| 34 | Latavius Murray | @ TEN | HIGH - PF | LOW | HIGH | 26.75 | -3 | Also has a chance of falling in the endzone. |
| 35 | Sony Michel | BUF | MID - RF | LOW | HIGH | 22 | -6.5 | Hasn't shown much of anything. |
| 36 | Kerryon Johnson | @ DEN | MID | LOW | HIGH | 16 | 6.5 | Don't expect much here. |
| 37 | Duke Johnson | @ TB | HIGH - PF | LOW | HIGH | 26 | -3 | Anything can happen in this potentially high scoring game. |
| 38 | Jamaal Williams | @ MIN | HIGH | LOW | HIGH | 20.5 | 4 | His points last time against the Vikings came off a touchdown. |
| 39 | Patrick Laird | CIN | LOW | LOW | HIGH | 24.25 | -1 | Laird was involved in some bad enough plays enough to which I am not trusting him this week. |
| 40 | Royce Freeman | DET | MID - PF | LOW | HIGH | 22.5 | -6.5 | Could get some garbage time usage against Detroit. |
| 41 | Damien Williams | @ CHI | HIGH | LOW | HIGH | 25 | -5 | Its too hard to trust any KC back. |
| 42 | Lesean McCoey | @ CHI | HIGH | LOW | HIGH | 25 | -5 | Its too hard to trust any KC back. |